2026 Preventive Medication list for consumer-driven health plans (CDH)

This is a list of **preventive medications** that may be covered under your plan. If your plan covers these Preventive Medications, your insurance benefit is applied before you meet your deductible.

This list has most of the medications in each therapeutic class. Some of them may not be covered by your plan. To find out if a drug is covered or if utilization management programs, such as prior authorization and/or step therapy (referred to as First Start in New Jersey) programs apply, please check your health plan's member website or call the toll-free phone number on your member ID card. This may not be a full list. Brand and generic drugs may not always be available due to market changes.

CDH preventive drug lists may also be used with non-CDH plans

Effective January 1, 2026

Therapeutic Drug Classes
Breast Cancer Prevention
Anastrozole
Exemestane
Letrozole
Tamoxifen
Toremifene
Cardiovascular/Heart Disease: Blood Clot/Platelet Therapy
Aspirin-Dipyridamole
Cilostazol
Clopidogrel
Dabigatran
Dipyridamole
Enoxaparin
Fondaparinux
Heparin
Jantoven
Prasugrel
Rivaroxaban
Ticagrelor
Ticlopidine
Warfarin
Cardiovascular/Heart Disease: High Blood Pressure
Acebutolol
Aliskiren
Amiloride
Amiloride-Hydrochlorothiazide
Amlodipine

[1] Coverage is provided for oral formulations.

[2] SSRIs are included only for employer groups who have specifically requested coverage.

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Therapeutic Drug Classes
Amlodipine-Benazepril
Amlodipine-Olmesartan
Amlodipine-Olmesartan-Hydrochlorothiazide
Amlodipine-Valsartan
Amlodipine-Valsartan-Hydrochlorothiazide
Atenolol
Atenolol-Chlorthalidone
Benazepril
Benazepril-Hydrochlorothiazide
Betaxolol[1]
Bisoprolol
Bisoprolol-Hydrochlorothiazide
Bumetanide
Candesartan
Candesartan-Hydrochlorothiazide
Captopril
Captopril-Hydrochlorothiazide
Cartia XT
Carvedilol
Carvedilol ER
Chlorothiazide
Clonidine
Clonidine Patch
Dilt XR
Diltiazem
Diltiazem ER
Doxazosin
Enalapril
Enalapril-Hydrochlorothiazide
Eplerenone
Eprosartan
Ethacrynic Acid
Felodipine ER

Therapeutic Drug Classes
Fosinopril
Fosinopril-Hydrochlorothiazide
Furosemide
Guanfacine
Hydralazine
Hydrochlorothiazide
Indapamide
Irbesartan
Irbesartan-Hydrochlorothiazide
Isradipine
Labetalol
Lisinopril
Lisinopril-Hydrochlorothiazide
Losartan
Losartan-Hydrochlorothiazide
Matzim LA
Methyldopa
Methyldopa-Hydrochlorothiazide
Metolazone
Metoprolol 37.5, 75 mg
Metoprolol Succinate
Metoprolol Tartrate
Metoprolol-Hydrochlorothiazide
Minoxidil
Moexipril
Moexipril-Hydrochlorothiazide
Nadolol
Nadolol-Bendroflumethazide
Nebivolol
Nicardipine
Nifedipine
Nifedipine ER
Nimodipine

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Therapeutic Drug Classes
Nisoldipine
Olmesartan
Olmesartan-Hydrochlorothiazide
Perindopril
Pindolol
Prazosin
Propranolol
Propranolol-Hydrochlorothiazide
Quinapril
Quinapril-Hydrochlorothiazide
Ramipril
Reserpine
Spironolactone
Spironolactone Suspension
Spironolactone-Hydrochlorothiazide
Taztia XT
Telmisartan
Telmisartan-Amlodipine
Telmisartan-Hydrochlorothiazide
Terazosin
Timolol[1]
Torsemide
Trandolapril
Trandolapril-Verapamil
Triamterene
Triamterene-Hydrochlorothiazide
Valsartan
Valsartan-Hydrochlorothiazide
Verapamil
Verapamil ER
Cardiovascular/Heart Disease: High Cholesterol
Atorvastatin
Cholestyramine

Therapeutic Drug Classes
Cholestyramine Light
Choline Fenofibrate
Colesevelam Tablet, Packet for Suspension
Colestipol
Ezetimibe
Fenofibrate Capsule
Fenofibrate Tablet
Fenofibric Acid
Fluvastatin
Fluvastatin ER
Gemfibrozil
Icosapent
Lovastatin
Niacin Extended-Release
Omega-3 Acid Ethyl Esters
Pitavastatin
Pravastatin
Prevalite
Rosuvastatin
Simvastatin
Simvastatin-Ezetimibe
Central Nervous System: Mental Health
Aripiprazole
Asenapine
Chlorpromazine
Clozapine
Fluphenazine
Haloperidol
Loxapine
Lurasidone
Molindone
Olanzapine
Paliperidone ER

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Therapeutic Drug Classes
Perphenazine
Quetiapine
Quetiapine ER
Risperidone
Thioridazine
Thiothixene
Trifluoperazine
Ziprasidone
Central Nervous System: Multiple Sclerosis
Dimethyl Fumarate
Fingolimod
Glatiramer
Glatopa
Teriflunomide
Depression: Selective Serotonin Reuptake Inhibitors (SSRIs)[2]
Citalopram
Escitalopram
Fluoxetine
Fluoxetine Capsules
Fluvoxamine
Fluvoxamine Extended-Release
Paroxetine
Paroxetine Extended-Release
Sertraline
Diabetes: Non-Insulin
Acarbose
Amaryl
Glimepiride
Glipizide
Glipizide ER
Glipizide-Metformin
Glyburide
Glyburide Micronized

Therapeutic Drug Classes
Glyburide-Metformin
Liraglutide
Metformin
Metformin ER
Metformin Solution
Miglitol
Nateglinide
Pioglitazone
Pioglitazone-Glimepiride
Pioglitazone-Metformin
Repaglinide
Repaglinide-Metformin
Saxagliptin
Saxagliptin-Metformin
Tolbutamide
HIV
Abacavir
Abacavir-Lamivudine
Abacavir-Lamivudine-Zidovudine
Atazanavir
Darunavir
Didanosine
Efavirenz
Efavirenz-Emtricitabine-Tenofovir Disoproxil Fumarate
Efavirenz-Lamivudine
Emtricitabine
Emtricitabine/Rilpivirine/Tenofovir
Emtricitabine-Tenofovir Disoproxil Fumarate
Etravirine
Fosamprenavir
Lamivudine
Lamivudine-Zidovudine
Lopinavir-Ritanavir

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Therapeutic Drug Classes
Maraviroc
Nevirapine
Nevirapine Extended-Release
Ritonavir
Stavudine
Tenofovir
Zidovudine
Immunosuppressant: Organ Rejection
Azathioprine
Cyclosporine
Everolimus
Gengraf
Mycophenolate
Mycophenolic Acid
Sirolimus
Tacrolimus
Musculoskeletal: Osteoporosis
Alendronate
Calcitonin (Salmon)
Etidronate
Ibandronate
Raloxifene
Risedronate
Teriparatide
Respiratory: Asthma/COPD
Albuterol HFA
Albuterol Nebulized Solution
Albuterol Oral Tablet
Aminophylline
Arformoterol Nebulized Solution
Budesonide
Cromolyn
Fluticasone/Salmeterol Diskus

Therapeutic Drug Classes
Fluticasone/Salmeterol RespiClick
Formoterol Nebulized Solution
Ipratropium
Ipratropium/Albuterol
Levalbuterol Nebulized Solution
Metaproterenol
Montelukast
Roflumilast
Terbutaline
Theophylline
Theophylline/Guaifenesin
Tiotropium Handihaler
Zafirlukast
Vitamins
Pediatric Flouride Preparations (Generic Products)
Prenatal Vitamins (for example: Generic Products)

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ATTENTION: Free language assistance services and free communications in other formats, such as large print, are available to you. Call the toll-free number on your member identification card. (TTY 711).

ማሳሰቢያ፦ አማርኛ (Amharic) የሚናገሩ ከሆነ፣ ነፃ የቋንቋ እገዛ አገልግሎቶች እና ነፃ ተግባቦቶች እንደ ትልቅ እትም ባሉ ሌሎች ቅርፀቶች ለእርስዎ ይገኛሉ። በአባልነት መታወቂያ ካርድዎ ላይ ያለውን ነፃ የስልክ ቁጥር ይደውሉ።

ملاحظة: إذا كنت تتحدث **اللغة العربية** (Arabic)، ستتوفر لك خدمات المساعدة اللغوية المجانية والمراسلات المجانية بتنسيقات أخرى، مثل الطباعة بأحرف كبيرة .اتصل بالرقم المجاني المدون على بطاقة تعريف العضو خاصتك.

দেখুন: আপনি যদি **বাংলায়** (Bengali-Bangala) কথা বলেন, তাহলে বিনামূল্যে ভাষা সহায়তা পরিষেবা এবং বড় মুদ্রণের মতো অন্যান্য ফরম্যাটে যোগাযোগগুলি আপনার জন্য বিনামূল্যে উপলব্ধ। আপনার সদস্যের পরিচয়পত্রের কার্ডের টোল-ফ্রি নম্বরে কল করুন

ចំណាំ៖ ប្រសិនបើអ្នកនិយាយ**ភាសាខ្មែរ** (Cambodian-Mon-Khmer)
សេវាជំនួយភាសាឥតគិតថ្លៃ និងការទំនាក់ទំនងឥតគិតថ្លៃក្នុងទម្រង់ផ្សេងទៀត
ដូចជាពុម្ពអក្សរធំ មានសម្រាប់អ្នក។
ទូរសព្ទមកលេខឥតគិតថ្លៃនៅលើបណ្ណសម្គាល់សមាជិករបស់អ្នក។

請注意：如果您說**中文** (Chinese - Traditional)，您可以獲得免費語言協助服務和大字體等其他格式的免費通訊。請致電您的會員身份卡上的免付費電話號碼。

ATTENTION : Si vous parlez **français (French)**, des services d'assistance linguistique et des communications dans d'autres formats, notamment en gros caractères, sont mis à votre disposition gratuitement. Appelez le numéro gratuit figurant sur votre carte de membre.

ATANSYON: Si w pale **Kreyòl Ayisyen (Haitian Creole)**, gen sèvis lang gratis ak kominikasyon nan lòt fòma lo disponib, tankou sa ki enprime ak gwo lèt. Rele nimewo gratis ki sou kat idantifikasyon manm ou an.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlose Sprachassistenzdienste und kostenlose Kommunikation in anderen Formaten, wie zum Beispiel große Schrift, zur Verfügung. Rufen Sie die gebührenfreie Nummer auf Ihrer Mitgliedskarte an.

ΠΡΟΣΟΧΗ: Εάν μιλάτε **ελληνικά** (Greek), υπάρχουν διαθέσιμες δωρεάν υπηρεσίες γλωσσικής βοήθειας και δωρεάν επικοινωνία σε άλλες μορφοποιήσεις, όπως μεγάλα γράμματα. Καλέστε τον αριθμό χωρίς χρέωση στην κάρτα μέλους σας.

ધ્યાન આપો: જો તમે **ગુજરાતી (Gujarati)** બોલતા હો તો વિના મૂલ્યે ભાષાકીય મદદરૂપ સેવાઓ અને અન્ય ફોર્મેટમાં વિના મૂલ્યે સંચાર, જેમ કે મોટી પ્રિન્ટ, તમારા માટે ઉપલબ્ધ છે. તમારા સભ્ય ઓળખ કાર્ડ પરના ટોલ-ફ્રી નંબર પર કૉલ કરો.

ध्यान दें: यदि आप **हिंदी (Hindi)** बोलते हैं, तो आपके लिए मुफ्त भाषा सहायता सेवाएँ और अन्य प्रारूपों में मुफ्त संचार, जैसे कि बड़े प्रिंट, उपलब्ध हैं। अपने सदस्य पहचान पत्र पर दिए गए टोल-फ्री नंबर पर कॉल करें।

LUS TSEEM CEEB: Yog tias koj hais **lus Hmoob (Hmong)**, muaj cov kev pab cuam txhais lus thiab muaj kev sib txuas lus pab dawb ua lwm hom ntawv, xws li luam ua ntawv loj rau koj. Thov hu rau tus xov tooj hu dawb ntawm koj daim npav ID.

ATENSION: No agsasaoka iti **Ilocano (Ilocano)**, magun-odmo dagiti libre a serbisio ti tulong iti pagsasao ken libre a komunikasion iti dadduma a pormat, kas iti dadakkel a letra. Tawagan ti awan-bayadna a numero a masarakan iti kard a pakabigbigam kas miembro.

ATTENZIONE: se parla **italiano (Italian)**, può usufruire di servizi di assistenza linguistica gratuiti e comunicazioni gratuite in altri formati, come ad esempio la stampa a caratteri grandi. Chiami il numero verde riportato sul Suo tesserino identificativo.

注意事項：日本語 (Japanese) を話される場合、無料の言語支援サービスや、拡大文字など他の形式での無料のコミュニケーションをご利用いただけます。会員証に記載されているフリーダイアルにお電話ください。

알림 사항: **한국어(Korean)**를 사용하시는 경우 무료 언어 지원 서비스와 대형 활자체 등 다른 형식으로 된 의사 소통 매체를 이용하실 수 있습니다. 회원 ID 카드에 나와 있는 무료 전화번호로 전화해 주십시오.

ໝາຍເຫດ: ຖ້າຫາກທ່ານເວົ້າ**ພາສາລາວ (Lao)**, ທ່ານສາມາດໃຊ້ບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາຟຣີ ແລະ ການສື່ສານໃນຮູບແບບອື່ນໆຟຣີ, ເຊັ່ນ: ການພິມຕົວອັກສອນຂະໜາດໃຫຍ່.
ໂທຫາເບີໂທຟຣີຢູ່ທີ່ບັດປະຈຳຕົວສະມາຊິກຂອງທ່ານ.

ध्यान दिनुहोस्: यदि तपाईंले **नेपाली (Nepali)** बोल्नुहुन्छ भने, नि:शुल्क भाषा सहायता सेवाहरू र अन्य ढाँचाहरूमा नि:शुल्क संचारहरू, जस्तै ठूलो छाप, तपाईंका लागि उपलब्ध छन्।. आफ्नो सदस्य पहिचान कार्डमा रहेको टोल फ्री नम्बरमा कल गर्नुहोस्।

توجه: اگر به زبان **فارسی** (Persian-Farsi) صحبت می‌کنید، خدمات رایگان کمک زبانی و ارتباطات رایگان در قالب‌های دیگر، مانند چاپ بزرگ، در دسترس شما هستند. با شماره رایگان مندرج روی کارت شناسایی عضویت‌تان تماس بگیرید.

UWAGA: Dla osób mówiących po **polsku** (Polish) dostępne są bezpłatne usługi pomocy językowej i bezpłatne komunikaty w innych formatach, takich jak duży druk. Prosimy zadzwonić pod bezpłatny numer podany na karcie identyfikacyjnej.

ATENÇÃO: se você fala **português (Portuguese)**, tem à sua disposição serviços gratuitos de assistência linguística e comunicações gratuitas em outros formatos, como caracteres grandes. Ligue para o número gratuito que se encontra no seu cartão de identificação de membro.

ਧਿਆਨ ਦਿਓ ਜੇ ਤੁਸੀਂ **ਪੰਜਾਬੀ** (Punjabi) ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਮੁਫ਼ਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ਹੋਰ ਫਾਰਮੈਟਾਂ, ਜਿਵੇਂ ਕਿ ਵੱਡੇ ਪ੍ਰਿੰਟ, ਵਿੱਚ ਮੁਫ਼ਤ ਸੰਚਾਰ ਉਪਲਬਧ ਹਨ। ਆਪਣੇ ਮੈਂਬਰ ਪਛਾਣ ਕਾਰਡ 'ਤੇ ਟੋਲ-ਫ੍ਰੀ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੋ।

ВНИМАНИЕ! Если вы говорите на **русском** языке (Russian), вам доступны бесплатные услуги языковой поддержки и бесплатные материалы в других форматах, например напечатанные крупным шрифтом. Звоните по бесплатному номеру телефона, указанному на вашей идентификационной карте участника.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas y comunicaciones en otros formatos como letra grande, sin cargo, a su disposición. Llame al número gratuito que figura en su tarjeta de identificación de miembro. (TTY 711).

PAUNAWA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika at libreng komunikasyon sa ibang mga format, tulad ng malalaking print. Tawagan ang walang bayad na numero na nasa iyong ID card ng miyembro.

โปรดทราบ หากคุณ**พูดภาษาไทย** (Thai) ได้
คุณสามารถใช้บริการช่วยเหลือด้านภาษาฟรีและการสื่อสารในรูปแบบอื่น ๆ ฟรี เช่น
การพิมพ์ด้วยตัวอักษรขนาดใหญ่ โทรไปยังหมายเลขโทรฟรีสำหรับสมาชิกตามบัตรประจำตัวของคุณ

ЗВЕРНІТЬ УВАГУ! Якщо ви розмовляєте **українською** (Ukrainian), ви можете безоплатно користуватися послугами мовної підтримки, а також безоплатно отримувати інформаційні матеріали в інших форматах, як от набрані великим шрифтом. Телефонуйте на безкоштовний номер телефону, зазначений на вашій ідентифікаційній картці учасника.

توجہ دیں: اگر آپ **اردو (Urdu)** زبان بولتے ہیں تو زبان کی معاون خدمات اور دیگر فارمیٹس میں مواصلات، جیسے بڑے پرنٹ، آپ کے لیے مفت دستیاب ہیں۔ اپنے ممبر شناختی کارڈ پر دیئے گئے ٹول فری نمبر پر کال کریں۔

LƯU Ý: Nếu quý vị nói **Tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí và các phương tiện trao đổi liên lạc miễn phí ở các định dạng khác, chẳng hạn như bản in chữ lớn. Gọi đến số điện thoại miễn phí có trên thẻ định danh thành viên của quý vị.

Learn more



Call the toll-free phone number on your member ID card to speak with customer service.



Visit the member website listed on your member ID card to look up the price of drugs covered by your plan, find lower-cost options and more.

United Healthcare

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Exclusions and utilization management programs, such as Prior Authorization - Notification, Prior Authorization - Medical Necessity and/or Step Therapy (referred to as First Start in New Jersey) programs may apply. Please refer to plan benefit documents. Review your benefit plan documents to see what medications are covered under your plan. Where differences are noted between this list and your benefit plan documents, the benefit plan documents will govern. Please refer to myuhc.com for information on specific drugs included in these programs or call the member phone number listed on your health plan ID card.

UnitedHealthcare does not indemnify employers for the application of these preventive medications or specific medications under the benefit plan and makes no assertions as to the compliance of the medications listed with IRS regulations.

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